



Our vision for the Bridging Futures™ program is a world where young adults transition into adulthood with stability, community, and the skills they need to thrive.

Our team approach to supporting young adults transitioning out of foster care:

- ▶ Builds essential **life skills** for adulthood
- ▶ Strengthens long-term **social networks and support systems**
- ▶ **Walks alongside** young adults as they navigate education, employment, personal growth, and daily life.

What We Do:

- Bridging Futures™ serves young adults ages 17–21 who are in the custody of the Department of Social Services.
- The program provides individualized support across educational, vocational, social, and independent living domains.
- Bridging Futures' teams include professional foster parents, a licensed clinician, a care manager, and a supervisor. Each team serves no more than 15 young adults, allowing for high levels of attention and support.
- Bridge Parents are professional foster parents and full-time, salaried agency employees. They focus solely on supporting young adults as they navigate early adulthood.
- All program staff are trained in the Bridging Futures™ core curriculum, Trust-Based Relational Intervention®, the Sanctuary Model®, and Empower Yourself life skills curriculum.
- The goal of Bridging Futures™ is to address unmet needs and improve the health, well-being, and long-term stability of young adults transitioning out of foster care.

Eligibility Criteria:

- Ages 17–21
- In DSS custody
- Secondary school or employment ready
- Youth consents to participate

Bridging Futures™ is modeled after our Bridging Families™ program, which has been endorsed by the North Carolina Department of Health and Human Services as the state model for professional foster parenting.



For all program referrals & admissions, please call (866) 892-6213 or email referrals@crossnore.org.

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