Miracle Heights Adventures engages groups in experiential learning activities that embody the spirit of adventure, build resilience, and empower collective success.

Our Options for the Public
- Half-day and full day retreats
- Custom team building and adventure experiences
  1. 33-element Aerial Adventure Park (including 600’ zip line) - the only ropes course in Winston-Salem!
  2. Aerial Teams Course
  3. Low Ropes Course
  4. We’ll come to you! We can bring portable low elements, leadership development, experiential facilitation, and collaborative problem-solving initiatives.
- Adventure Experiences

Why team building?
We can target many outcomes and goals for your team or group, and research indicates team building experiences can:
  1. Increase employee morale and motivation
  2. Improve team communication
  3. Increase trust in your team
  4. Empower conflict resolution
  5. Lower stress
  6. Improve mental energy
  7. Strengthen organizational health and culture

Pricing
We have a flexible pricing structure depending on the type of group and your budget. Discounts are available for non-profits and schools.

<table>
<thead>
<tr>
<th>Package</th>
<th>1/2 Day (1-4 Hours)</th>
<th>Full Day (4-8 hours)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Experience</td>
<td></td>
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<tr>
<td>Private Tour</td>
<td>$45/person</td>
<td>$65/person</td>
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<tr>
<td>Team Building Experiences</td>
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<td></td>
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<tr>
<td>Team Building</td>
<td>$55/person</td>
<td>$75/person</td>
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<tr>
<td>+ Ropes Course</td>
<td>n/a</td>
<td>Additional $20/person</td>
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<tr>
<td>Ropes Course Only</td>
<td>$65/person</td>
<td>$90/person</td>
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<tr>
<td>Off-Site or Virtual</td>
<td>Contact us for pricing and customized programs.</td>
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</tbody>
</table>

Inquire about scholarships for non-profit organizations for any of our programs!

Visit [www.crossnore.org/mha](http://www.crossnore.org/mha) for more information.